January is the hard moon! It has been cold for several months now and all the beings in the Dakhóta makhóche are beginning to feel the strain from the long winter moons.

This month we have been learning about how to wash our hands, and we worked on matching/pairing objects! We also learned about Animals and the different tracks they make!

**Words to Practice**

- **Wichášta owé** - human prints
- **Thá owé** - Moose tracks
- **Tháȟča owé** - Deer tracks
- **ThaTháŋka owé** - Buffalo tracks
- **Heňáka owé** - Elk track
- **Zičá owé** - Squirrel Tracks
- **Hú** - leg
- **Tháȟča hú** - Deer Leg
- **Heňáka hú** - Elk Leg

**Commands:**
- Napé Hdužaža po/pi – All of you wash your hands!
- Napé kpáȟkhiŋta po!- All of you wipe your hands!

**Upcoming events!**

**Weekly Language Tables**

- Everyone is welcome!

* **Dakhóta Language Table**
  - Taught by Čhaŋté Máza (Neil Mckay)
  - When: Wednesday 4:00-5:00
  - Where: Minneapolis American Indian center- 1530 east franklin avenue

* **Ojibwe Language Table**
  - Taught by Memegwesi (David Sutherland)
  - When: Wednesday 4:00-5:00 pm
  - Where: Minneapolis American Indian center- 1530 east franklin avenue